



Trauma Informed and Therapeutically Thinking Schools

Directors Briefing 14 September 2021

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Trauma Informed Practitioner

An organisation that is trauma informed



Asks:

- “What’s happened to you” *not* “~~what’s wrong with you~~”

And;

- “what’s strong with you”

The wider context



One Reading Children and Young People's Partnership

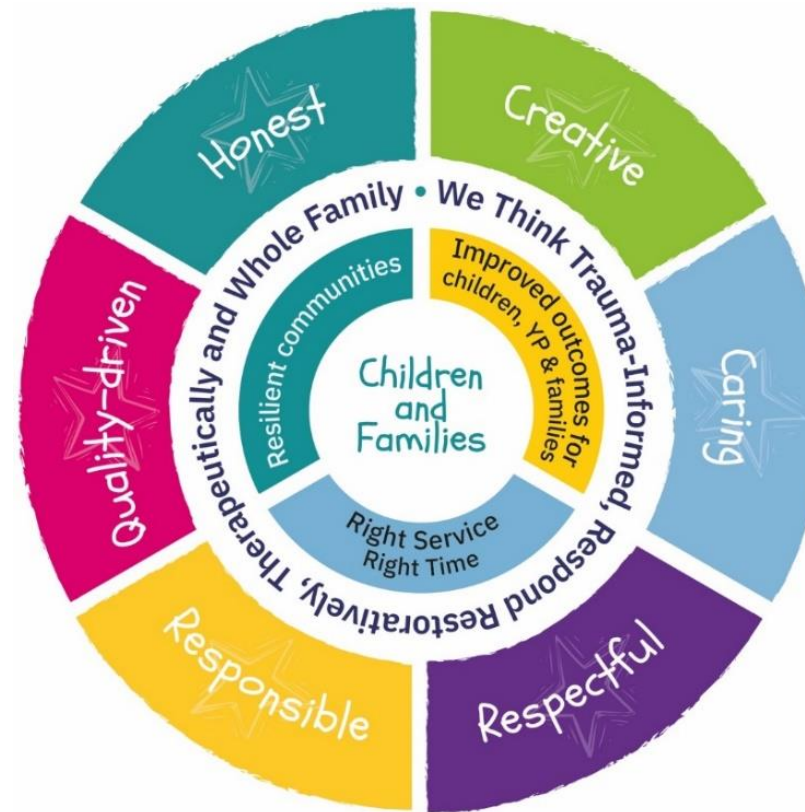
- Vision for Reading as a Trauma-Informed Community
- A shared framework across organisations and agencies
 - NES Scotland Trauma Informed Practice Framework
- Our own short film (9 mins) 'Seeking to Understand – Trauma informed Reading, our journey so far'

<https://vimeo.com/488941914/a4fe0b8f1f>

Our values and approach



We think trauma informed,
respond restoratively, therapeutically and whole family



Relationships, relationships, relationships

Trauma training to support TTS



- NES Scotland : Transforming Psychological Trauma Training programme
- Trauma Informed
 - Opening doors (with optional workshop that includes 2nd video)
 - Sowing seeds
- Trauma Skilled level
 - 2 hour interactive video with knowledge test and certificate

[nes-national-trauma-training-programme-training-resources.pdf](#)
[\(transformingpsychologicaltrauma.scot\)](#)

Recommend 2 levels to support TTS



Trauma INFORMED

All school staff. 2 x 10 minute videos

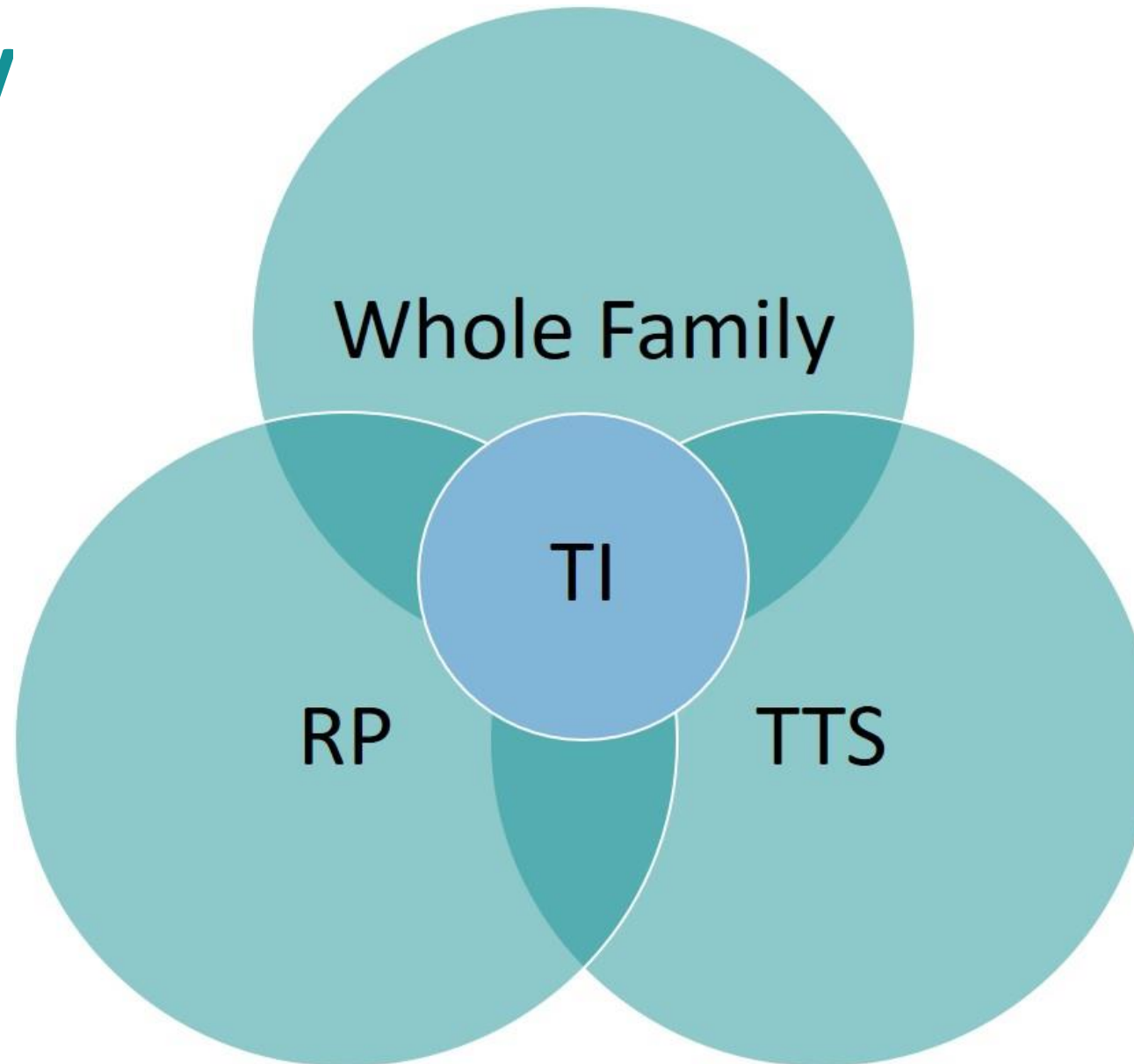
Trauma SKILLED

School staff have direct interaction with children, young people and families

Trauma SKILLED ++

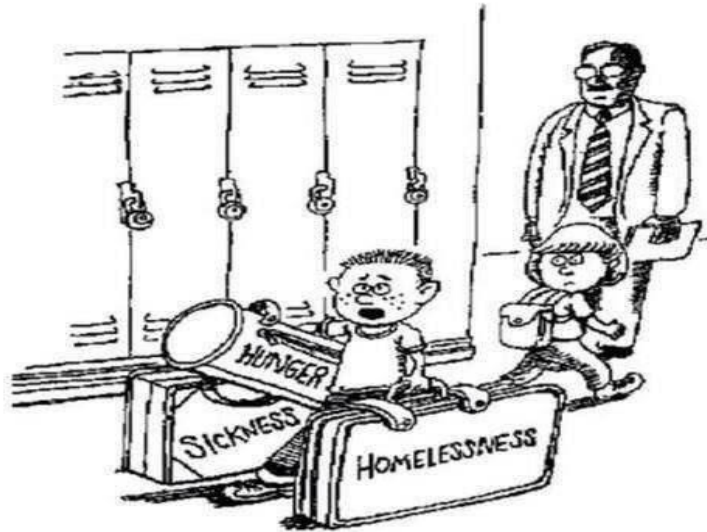
Therapeutically Thinking Schools

Harmony



The behaviour's not the problem....

“Could someone help me with these?
I’m late for math class.”



Why
be
TI?

Not all children
need it

But all children
benefit from it